



**Life Force**  
INTERNATIONAL

Manufactured by Life Force®  
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**TruBoost™**

**Product name:** TruBoost

**Item no:** 70017 (12-pack). Available in other quantities.

**Characteristics:**

Enjoyed daily, TruBoost helps stabilize mood, promotes mental clarity, and increases the body's ability to resist fatigue and tension.\* It boosts energy naturally.\* Lightly sweetened with natural peach juice and organic agave nectar, TruBoost contains no stimulants, caffeine, carbonation, artificial colors or preservatives.

**TruBoost promotes an active lifestyle and mobility by:**

- The key herbal components in TruBoost are Sensoril® (a standardized ashwagandha extract) and Tulsi, which have been used for centuries in Ayurvedic medicine in India.
- Tulsi and Ashwagandha are adaptogenic herbs, which increase the body's ability to resist and recover from fatigue and stress.
- Sensoril works in tandem with Tulsi to provide a vitalizing lift without stressing the adrenal glands.
- TruBoost has 30 calories per serving.
- TruBoost is an excellent source of niacin, vitamins B6, B12 and pantothenic acid.

Working at a cellular level, Sensoril increases levels of ATP and other energy-related metabolites. In a recent double-blind placebo controlled human clinical trial, Sensoril demonstrated remarkable benefits if taken continuously for 60 days at 125 mg per serving:

- Reduced serum cortisol, the stress hormone, by 24.8%
- Reduced C-reactive protein, a negative health risk factor, by 35.6%
- Increased DHEA, a hormone correlated to overall energy in the body, by 31.6%

**Participants in subjective evaluations also experienced impressive results:**

- Fatigue/lack of energy decreased by 53.1%
- Inability to concentrate decreased by 75.8%
- Forgetfulness decreased by 57.1%
- Irritability decreased by 76.5%

**Color:** Peach

**Flavor:** Peach and organic agave nectar

**Texture:** Liquid

**Recommended daily intake:** Drink one bottle (4 oz.) as needed.

**Servings per container:** 1 (4 oz.)

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Storage/shelf life:**

- **Unopened:** shelf-stable for 12 months when stored at room temperature and product is kept in its original packaging.
- **Opened:** should be consumed in one serving; opened product should be refrigerated and consumed within one week.

**GENERAL: ALL LIFE FORCE INTERNATIONAL PRODUCTS ARE MANUFACTURED FOLLOWING GMPs IN COMPLIANCE WITH THE US FOOD AND DRUG ADMINISTRATION'S DIETARY SUPPLEMENT GMPs REGULATIONS (21 CFR 110).**

**ENERGY DRINKS ARE NOT RECOMMENDED FOR CHILDREN UNDER 12 YEARS OF AGE. PREGNANT OR LACTATING WOMEN SHOULD CONSULT THEIR HEALTHCARE PROFESSIONAL PRIOR TO USING ANY NEW PRODUCT.**

**CONTRAINDICATIONS OR INTERACTIONS:**

**WHILE THERE ARE NO SPECIFIC DRUG INTERACTIONS KNOWN WITH TRUBOOST, SOME DRUGS AND HORMONES ARE PROCESSED THROUGH THE SAME PATHWAY AS POTASSIUM D-GLUCARATE. CHECK WITH YOUR HEALTHCARE PRACTITIONER REGARDING THE USE OF TRUBOOST WHEN CONSUMING WITH ALCOHOL, SEDATIVES, ANTIHISTAMINES OR ANTI-DEPRESSIVE DRUGS.**

Contains 30% Peach Juice

Supplement Facts		
Serving Size: 1 bottle (4 oz.)		
	Amt Per serving	% Daily Value
<b>Calories</b>	30	
<b>Total Carbohydrate</b>	7 g	2%*
Sugars	6 g	
<b>Niacin (as niacinamide)</b>	6 mg	30%
<b>Vitamin B6 (as pyridoxine hydrochloride)</b>	600 mcg	30%
<b>Vitamin B12 (as cyanocobalamin)</b>	1.8 mcg	30%
<b>Pantothenic Acid (as calcium pantothenate)</b>	3 mg	30%
<b>Proprietary Organic Blend</b>	1.4 g	†
<b>Krishna Tulsi (Holy Basil) (leaf &amp; flower)</b>		
<b>Vana Tulsi (Holy Basil) (leaf &amp; flower)</b>		
<b>Rama Tulsi (Holy Basil) (leaf &amp; flower)</b>		
<b>Potassium D-glucarate**</b>	500 mg	†
<b>Sensoril® Ashwagandha Extract (Withania somnifera) (leaf, root) 8% withanolides***</b>	125 mg	†

\*Percent Daily Values are based on a 2000 calorie diet  
†Daily Value (DV) not established

**Other Ingredients:** Peach Juice (Water, Peach Juice Concentrate), Organic Agave Nectar, Natural Flavors, Citric Acid.

\*\*Potassium D-glucarate is protected under U.S. Patent 5,364,644

\*\*\* Sensoril® is protected under U.S. Patent 6,713,092

